

Modern Green Living + Spa Wisdom

organic spa[™]

MAGAZINE

SPECIAL

AT HOME

foodstuff

Iced Tea Time

Craving a cup of healthful, cleansing tea but too hot to even think of boiling water in the kettle? Without the hassle of an iced tea maker or spending hours brewing and chilling, refresh with one of these organic ones.

Numi

Puerh, sourced from old-growth trees in China's Yunnan Province, produces quality, robust teas that help increase circulation and lower cholesterol. Numi now offers the world's first complete organic Puerh line (purported to be laden with 32 percent more antioxidants than a cup of hot green tea), including 12-ounce bottles of ready-to-drink iced teas: Mango Passion and Earl Grey black, Peach Nectar and Moroccan Mint green, and herbal Honey Lemon Rooibos. www.numitea.com

guide
Natural Resource

